

Barber Shop Talk Series

# BLACK

PRISMA INC.  
Men & Misconceptions

AFRO-CARIBBEAN MENTORSHIP  
PROGRAM

## BARBERSHOP TALK SERIES CONFERENCE & EVENT BLACK BOYS & MEN, MISCONCEPTIONS, & MENTAL HEALTH:

**LOOKING AT THE MAN IN THE MIRROR- BARBADOS, W.I.**

December, 2024



@barbershoptalkseries



[www.weareacmp.com/barbershoptalk](http://www.weareacmp.com/barbershoptalk)



carletonacmp@gmail.com

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THE HONOURABLE  
GLINE CLARKE**

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## A WORD FROM THE FOUNDER

On behalf of the Barbershop Talk Series Conference & Event team, I extend my deepest gratitude to our sponsors and partners for their invaluable contributions to the success of our recent event: **"Black Boys & Men, Misconceptions, & Mental Health: Looking at the Man in the Mirror,"** held in beautiful Barbados, W.I.

Your unwavering support and partnership made this initiative not only possible but impactful. Together, we created a safe, empowering space for honest dialogue, reflection, and action around the critical issues affecting our Black boys and men.

To our sponsors, your generosity fueled every aspect of this event, from the logistics to the resources we provided for participants. To our stakeholders, your insights, networks, and shared commitment to uplifting our community helped us connect with the hearts and minds of many. To our volunteers, your dedication and tireless efforts behind the scenes ensured a seamless experience for all involved. Finally, to our partners, thank you for collaborating with us on this meaningful mission and helping to amplify its reach and resonance.

As we continue to advocate for mental health and inspire self-reflection, know that your role in this journey is indispensable.

Thank you for believing in the vision of the Barbershop Talk Series and for joining us in making a difference. I look forward to building on this momentum together as we continue to create change, one conversation at a time.



### DR. WARREN CLARKE

Founder of The Afro-Caribbean Mentorship Program and The Barbershop Talk Series: Black Men & Misconceptions



# ABOUT THE EVENT

## CONFERENCE & EVENING EVENT

The Barbershop Talk Series Conference Black Men and Boys, Misconceptions, and Mental Health: Looking at the Man In The Mirror (academic and community) in Barbados was a unique platform designed to address the mental health challenges faced by Black men and boys, particularly within the Caribbean context.

*“Empowering Black men and boys through dialogue, about mental health, and community”*

We explored critical issues such as vulnerabilities, emotional language, fatherhood, and societal expectations.

### The Barbershop Talk Series

Conference invited both University scholars and community advocates to contribute to the conversation on mental health, societal expectations, and the social experiences of Black men and boys. The event challenged stereotypes, addressed mental health issues, and fostered dialogue that promoted the well-being of Black males.

A diverse group of attendees, including scholars, community activists, health professionals, and social media influencers, shared insights and engaged in meaningful discussions, and develop actionable solutions.

# PARTNERS

THANK YOU!



THE UNIVERSITY  
OF THE  
WEST INDIES  
CAVE HILL CAMPUS  
BARBADOS



University  
of Manitoba



UM  
FACULTY OF ARTS



THIS IS  
**LAWADE** **TRF MEDIA** **A**

# CONFERENCE

The five-hour conference was a dynamic gathering of thought leaders, academics, students and community members discussing various research findings on anti-Black racism, mental health, and empowerment strategies for Black men and boys, with actionable insights for lasting change.

The **21 papers** covered various themes, including:

- Recognizing the well-being of Black men and boys
- Black men and boys and the social experiences in the community
- Thinking through gender and sexuality in the Black community

## PAPERS PRESENTED

### RECOGNIZING THE WELL-BEING OF BLACK MEN AND BOYS

*The Black Daddies Club: 17 years of Co-creating spaces for Black Men and Black Boys in Toronto*

- Brandon Hay (MES) , The Black Daddies Club (BDC)

*Building Speaking Spaces for Black Men in Paris*

- Bolewa Sabourin, LOBA

*Safe Spaces are the Solution: The Barbershop Talk Series as a Response to The Dehumanization of Black Men and Boys*

- Kevin Tachie, Undergraduate Student, University of Manitoba
- Nathan Samson, Undergraduate Student, University of Manitoba

*The Relationship between Substance Use Disorder and Self-Esteem: A Mixed-Methods Approach*

- Chantal Jemmott, Grad Student, UWI Cave Hill

### BLACK MEN AND BOYS AND THE SOCIAL EXPERIENCES IN THE COMMUNITY

*Black Boyhood and The Coloniality Of Eurocentric Education*

- Dr. Ahmed Ali Ilmi, Assistant Professor, Department of Global Development Studies, University of Toronto Scarborough.

*Invisible Barriers: Tackling Racial Microaggressions and Discrimination Among Black African Youth in Winnipeg.*

- Stanley Oyiga, MA Student, University of Manitoba
- Richmond Opoku-Prempeh, MA Student, University of Manitoba

*Disposable Labor: Postcolonial Exploitation And Economic Dependency Of Immigrant Care Workers In The UK*

- Abdul-Lateef Awodele, PhD Student, University of Manitoba

### THINKING THROUGH GENDER AND SEXUALITY IN THE BLACK COMMUNITY

*Misconception of Gender Relations Among Black Men/Boys*

Mr. Thomas Quarcoo, PhD Student, University of Manitoba

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*Why Black Women Choose the Bear: The Case for Safety, Self-Reliance, and the Role of Heal M.O.B.*

- Ralph Bryant, convenor of Heal M.O.B. (Heal Men Over Bear)

*'In the Name of the Father': Contemporary implications of conflicting epistemologies about the making of Black fatherhood in the crucible of transatlantic slavery*

- Prof. Tamari Kitossa, Brock University

*Contemporary Masculinities': Representation and Performance in Barbados*

- Ceresa Springer-Barnett, University of the West Indies

## MEN'S CARE: MENTAL, PHYSICAL, SPIRITUAL, AND SOCIAL HEALTH

*Substance Abuse Program for African Caribbean Youth - A Cultural Response*

- Dr. Shane Joseph, Registered Social Worker and Psychotherapist, Roots Community Services

*Talking 'Mental Health': Black Men's Suicides Alongside Mrs. Bradford's House of entertainment and pleasure in the early 20th century*

- Dr. Emilie Jabouin, dance artist, researcher, and community engager

## THE TRAJECTORY OF SOCIETAL EXPECTATIONS

*Black boys and men's societal experiences: Their Experiences in the Community*

- Norma Nicholson, Youth Justice Consultant and Family Advocate

*Masculinity and its Impact on Depression in Males*

- Rashanna Roberts, University of West Indies, Cave Hill

*Care through the Under Commons: An approach to addressing societal expectations*

- Jermal Jones, (MEd), Co-founder of Next Gen Men, PhD student, University of Waterloo
- Adrian Pivott-Dyer, Counsellor, Counselling Services, The University of Waterloo, Canada

*Brunch with a Black Man: How 1Hood Media Centers Care, Culture and Community in Black Men's Mental Health Journeys*

- Miracle Jones, 1Hood Media, Pittsburgh, Pennsylvania
- Cameron Herman, 1Hood Media, Pittsburgh, Pennsylvania

*Effects of childhood adversity on Caribbean men and boys*

Jamal Prescod, University of West Indies

## SOCIAL MEDIA AND SELF-ESTEEM/ SUBSTANCE USE AND MENTAL HEALTH

*From Red Pill to Self-Reflection: Black Masculinity and Social Media's Gender Politics*

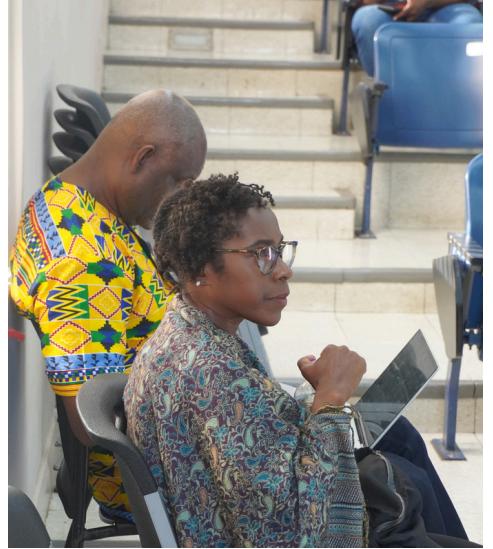
Michelle Molubi-Johnson, PhD Student, York University. Community Development Officer, Confronting Anti-Black Racism Unit, City of Toronto.

*Implications of AI and Social Media: Impacts on Self-Esteem Among Caribbean and Latin American Adolescent Black Boys*

- Rasheda Moody-Marshall (Ph.D., M.Ed., BSc.), Independent Curriculum and Research Consultant

*Rhythm and Processing: A Novel Approach for Transforming Complex Racial Trauma*

- David Archer, David Archer, MSW, MFT



# EVENING EVENT: BARBERSHOP TALK SERIES

The evening event hosted a three-hour in-person and virtual Barbershop Talks series panel discussions at the University of The West Indies Cave Hill (UWI), St. Michael, Barbados. The evening event focused on providing Black community members and the broader community with the opportunity to talk about mental health issues openly and safely with mental health professionals by creating a safe space for Black people of different and respected lived experiences.

The discussions raised awareness about the broad spectrum of mental health issues that affect Black men and boys and how to reduce the stigmas associated with mental illness. The event was well attended both in-person and online. Three professional barbers were present all day to provide free haircuts for about 30+ in-person participants. In addition, free chair massages were also provided.

## PANELLISTS



SENATOR JOHN A.  
KING



TROY CROSSFIELD



BISHOP  
SELWYN BRATHWAITE



ALGERNON  
YEARWOOD



BRANDON HAY



EMMERSOON BROWNE



FABIAN SARGEANT

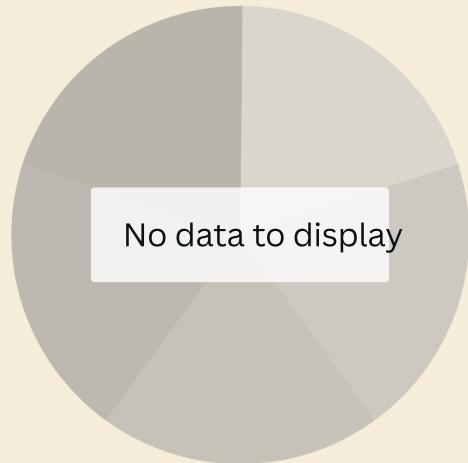


L.A. WADE



# ATTENDANCE

**90**  
TOTAL  
REGISTRATION



The event engaged 90 participants through online and in-person sessions across Barbados, Canada, Europe, US and the broader North American region, and the Caribbean.

# FEEDBACK

**100%**

HELPFUL?

**98%**

RELEVANCE?

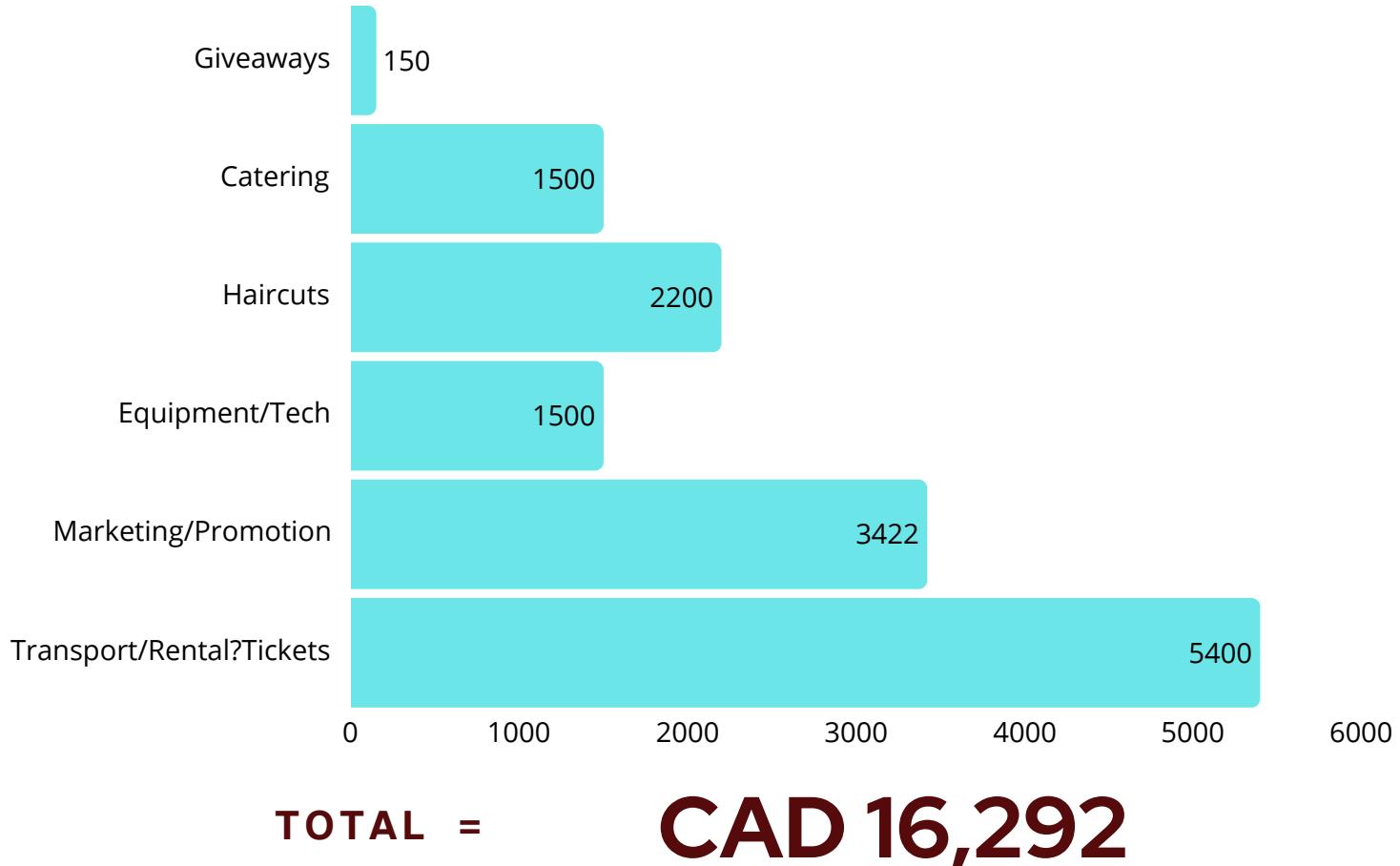
**98%**

CLEAR?

**100%**

MORE EVENTS LIKE THIS?

# EVENT COST



## TESTIMONIAL

**“ Do again and good space to hear what's going on and see how they can impact it based on the information that we see today. it's all about creating safe spaces where people feel comfortable and getting correct information about what happens in society”**

**Tricia, Barbados**

**“Very educational and very interactive”**

**Tykairi, Barbados**

**“I enjoyed the atmosphere. the free haircuts was a good angle to take. It was engaging and people felt comfortable communicating. i was hoping for more technical strategies for how ppl would have dealt with mental issues. It's a good step in the right direction and i will invite some more of my female friends the next time i go”**

**Kevin, Barbados**

**“I think the event was really nice. i think it was very timely and i hope we can do it again. now that we see what it's like, i like the space and the opportunities it provided and i like the feedback i've seen from those who participated. seems to be a much needed platform”**

**Teresacita , Barbados**

**“Good event”**

**Tyler, Barbados**

# MEET THE TEAM



**Dr. Warren Clarke**

University of Manitoba - Assistant Professor  
Founder of ACMP (African Caribbean Mentorship Program) and The Barbershop Talk Series



**Dr. Catherine Trotman**

University Of West Indies Lecturer in Philosophy



**L.A. Wade**

Certified Trauma Facilitator | Author | Filmmaker | Host The Writer's Block Podcast



**Troy Crossfield**

Actor | Director | Producer  
Iron Sharpens Iron



**Maria Gordon**

Author | S.C.O.R.N.E.D. Administrator, God's Anatomy for Marriage



**Fabian Sargeant**

Social Worker  
M.E.N.S, Mens Empowerment Network Support



**Dr. Jade Barnett**

Medical Doctor  
Founder of Nuvillage Incorporated



**Justin Catlin**

Cats International Sports, Sports and Tourism



**Kevin Tachie**

University of Manitoba - Undergraduate Student  
Barbershop Talk Coordinator



**Richmond Opoku-Prempeh**

University of Manitoba - Graduate Student  
Barbershop Talk Coordinator

For information on our community initiatives and upcoming events visit us at

[www.weareacmp.com](http://www.weareacmp.com)



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